



# December 2023

## Middle & High School Lunch

### LUNCH MENU

**STRONG BODY ~ STRONG MIND**  
**Vegetarian Meals = (V)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				1 <b>Rainbow Pack</b> Strawberry Yogurt W/Sprinkles, Pretzels, Baby Carrots & Grapes Carrot/Celery Sticks Sliced Peaches Ice Cold Milk	<b>All Students Eat Breakfast &amp; Lunch Free!</b>  <b>2<sup>nd</sup> Meals or Snacks are extra please make payments online</b>  <b>Everyday:</b> -Pizza -Made to order Subs -Chicken Patty -Spicy Patty -Chicken Nuggets -Cheeseburger -Hot Dog -Pizza Sticks -Pre-made Salads -Parfaits
4 <b>Boneless Chicken Wings</b> Potato Puffs Carrot/Celery Sticks Juicy Grapes Ice Cold Milk	5 <b>Waffles W/Syrup &amp; Chicken Sausage</b> Potato Puffs Carrot/Celery Sticks Juicy Grapes Ice Cold Milk	6 <b>Crispy Nachos W/Beef Taco Meat, Cheese &amp; Salsa</b> Black Bean Carrot or Celery Sticks Chilled Pears or Peaches $\frac{1}{2}$ Day	7 <b>New Item!! Chicken Dumplings W/Rice &amp; Sauce</b> Carrot/Celery Sticks Sliced Peaches Juicy Grapes Ice Cold Milk	8 <b>Pasta W/Meatballs &amp; Marinara Sauce</b> Garden Salad Carrot/Celery Sticks Sliced Peaches Juicy Grapes Ice Cold Milk	
11 <b>Popcorn Chicken Bowl W/Mash Potato, Corn, Gravy &amp; Cheddar Cheese</b> Carrot/Celery Sticks Strawberry Slices Ice Cold Milk	12 <b>Steak and Cheese Sub</b> Baked Puffs Carrot/Celery Sticks Juicy Plum Ice Cold Milk	13 <b>Crispy Nachos W/Beef Taco Meat, Cheese &amp; Salsa</b> Black Bean Carrot or Celery Sticks Chilled Pears or Peaches Ice Cold Milk	14 <b>French Toast W/Syrup &amp; Chicken Sausage</b> Potato Puffs Carrot/Celery Sticks Juicy Grapes Ice Cold Milk	15 <b>Oven Baked Mozzarella Sticks W/Marinara</b> Sweet Corn Carrot/Celery Sticks Orange Slices Ice Cold Milk	
18 <b>Grilled Cheese &amp; Chicken Noodle Soup</b> Sweet Red Pepper Strips Carrot/Celery Sticks Apple Slices Ice Cold Milk	19 <b>Backyard Burger Burger W/Cheddar Cheese, Spiral Fries and BBQ sauce</b> Carrot/Celery Sticks Sliced Peaches Juicy Grapes	20 <b>Crispy Nachos W/Beef Taco Meat, Cheese &amp; Salsa</b> Black Bean Carrot or Celery Sticks Chilled Pears or Peaches Ice Cold Milk	21 <b>Boneless Chicken Wings</b> Potato Puffs Carrot/Celery Sticks Juicy Grapes Ice Cold Milk	22 <b>Cheese or Pepperoni Pizza</b> Sweet Corn Carrot/Celery Sticks Orange Slices Ice Cold Milk	
25 <b>Winter Break</b>	26 <b>Winter Break</b>	27 <b>Winter Break</b>	28 <b>Winter Break</b>	29 <b>Winter Break</b>	

ONLINE APPLICATION AVAIABLE AT [WWW.WOBURNPS.COM](http://WWW.WOBURNPS.COM)

**All Students Eat Breakfast & Lunch Free**

Every meal comes complete with fruit, veggies, and milk. We offer Skim Chocolate & 1% White

This institution is an equal opportunity provider.

Menus are subject to change without notice.

